



ELEVATED MINDS CIC

Introducing The Identity Project

The IDENTITY Project is offered to predominantly Black and Minority ethnic students as an early intervention programme. It has previously been delivered in several schools in its entirety with great success to lower secondary school students. Comments include 'sanctions drastically reduced', 'a far better school experience' and the biggest improvement is the 'ability to articulate feelings'. This 13 week ID Project is a customised qualification accredited at level 1 and level 2 by NCFE. It is designed to build resilience, confidence, and self-esteem and develop emotional intelligence using techniques and questions derived from Coaching, Neuro-Linguistic Programming (NLP), and Cognitive Behaviour Therapy (CBT).

This programme will significantly benefit primary school pupils, especially regarding the transition from KS2 to KS3. It fits in well within the PSHE curriculum, focusing on self, family, well-being, relationships – positive and negative relationships, friendships, and safe relationships.

The aim of the project is for young people to:

- Develop greater awareness of themselves and their cultural origin
- Align their values with their actions
- Improve their emotional intelligence
- Know and identify their strengths and their weaknesses
- Improve communication
- Gain a better understanding of the points of view of others

During Black History Month, schools will be offered taster sessions of the ID Project, which will consist of working with groups of pupils for one hour per week during October toward achieving the aims highlighted above. In addition, we hope to offer the entire programme to schools following the taster sessions.

The JN Bank representatives will come into school from the programme's onset to present to pupils the role of the bank as sponsors and give historical content about Jamaica. Pupils will also be introduced to positive role models from the sporting profession, media- television and radio, business and banking.

A copy of our proposal for the whole programme is available upon request.

Many thanks

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